



NARADA SCHOOL
KNOWLEDGE – SKILL – MORALITY



**#PENDIDIKAN
BERMUTU
UNTUK SEMUA**

Training

MINDFULNESS & KESEHATAN MENTAL

"HOW TO BE A WELLBEING TEACHER IN HUSTLE AND BUSTLE LIVES"

INCLUDED E-CERTIFICATE



Jum'at, 17 Oktober 2025



Ruang Dhammasala



13.00 - 16.00 WIB

Narasumber

**SANDI KARTASASMITA, M.PSI.,
PSIKOTERAPIST., PSIKOLOG.,
CMHA., CBA.**

*Clinical Psychologist, CBT Practitioner
Trainer for Children Apperception Test - AI
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