



## The Development Of The Song “Jangan Kawin Muda” For Postpone Of Early Marriage In Adolescent

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### Abstract

Early marriage is one of the problems faced by the Indonesian people, because it has a negative impact on the increase in the divorce rate for young couples. Furthermore, divorce will suffer children, because they do not get the attention and love of their parents, so they become neglected children. One of the causes of early marriage is the lack of information about the bad effects of early marriage. On this basis, this research is a development of previous research (Dariyo, Rahaditya & Hadiati, 2020) with the aim of providing information about the dangers of early marriage, which is realized with the song "Do not marry young". The research method uses the ADDIE approach (Analysis, Design, Development, Implementation & Evaluation). The results of the research that the birth of the song “ Jangan Kawin Muda” was carried out through the ADDIE process. The poems and songs Jangan Kawin Muda have been validated by a music psychologist and 74 teenagers. The song "Jangan Kawin Muda" has fulfilled the rhythm, melody, style, instrument and beat that can be felt positively by teenagers, so that they can understand, memorize and sing the song well. In the end, they are motivated to delay early marriage. On the other hand, the video display still needs improvement with the thematic video clip display of the song.

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## INTRODUCING

Early marriage is one of the important problems faced by the Indonesian people, because early marriage is one of the sources of the increase in the divorce rate (Benedicta, 2017). Many young couples divorce, because they are unable to maintain the integrity of their families, when facing conflicts in the family. Because those who carry out early marriages are often young, children or teenagers (Montazeri, at al, 2016; Widyawati & Pierewan, 2017; Kohno at al, 2020), and generally they are not emotionally mature. They should still carry out developmental tasks as a child or teenager who is a student at school (Manning, 2002). But in reality, they have entered domestic life. They marry and become parents to their children (Djamilah & Kartikawati, 2014; Benedicta, 2017).

Early marriage is not only carried out by those who live in rural areas, but also those who live in urban areas. Those who live in rural and urban areas remain the same, because those who marry at an early age are those who cannot afford to delay their marriage age. They should concentrate on learning to achieve their goals for a better future. They complete elementary, junior high, high school / vocational education and even college. They can become a scholar, pursue a career and then marry to build a family life. But in reality, they chose to get married and start a family. They are willing to drop out of school and leave their education level, regardless of their future life (Kohno et al, 2020). This means they cannot afford to delay early marriage.

The inability to delay marriage at an early age as a form of behavior inability to control oneself. They find it difficult to delay life

satisfaction (delay of gratification) which is more concerned with current life satisfaction, rather than thinking about future life (Miller, 1978). What is important to them is how they get satisfaction in the moment now, and no matter how their life will be in the future. The inability to delay early marriage is caused by their lack of obtaining important information related to efforts to prevent or delay early marriage (Dariyo, Rahaditya & Hadiati, 2020). Therefore, the availability of information that invites, influences or encourages adolescents to postpone early marriage is very important. This means that the presence of information media to delay early marriage is very urgent and must be available properly. Therefore, the availability of song media can be done by creating songs with the theme of delaying early marriage.

Creating a song is a creative process that must be done diligently, and starting from scratch (Wicaksono, 2009; Thompson, Parker, & Cox, 2016; Sabol & Winton, 2022). Creativity starts from an idea and is developed in such a way by utilizing the power of imagination, memory and various series of life experiences, so as to create a creative song work (Renzulli, 1992; Michinov & Michinov, 2022). Various studies on the development and use of song media have been carried out by experts in the context of educational activities (Handayani, Syahrul & Anita 2013; Alimuddin, 2015; Untari, Cahyadi & Budiningtyas, 2017; Boyd at al, 2020). According to Handayani, Syahrul and Anita (2013) that the use of song media has a positive impact on poetry learning activities for students. Through the medium of song, they get benefits for the development of ideas,

imagination and creativity so that they can create works of poetry.

Furthermore, Alimuddin, (2015) stated that children's songs can be used as learning media to educate and develop character for children. Of course, it is necessary to choose children's songs that are in accordance with the theme and purpose of education. If the contents of the song's lyrics do not match the theme and purpose of education, then a teacher does not need to use the song for learning media. Next, Untari, Cahyadi and Budiningtyas (2017) stated that the development of mathematics song media supports learning for elementary school students. They can hear, memorize and sing the song, so they can understand the concept of mathematical formulas. With the results of this study, a mathematics teacher can use the media of mathematics songs to support learning for elementary school students.

The results of Boyd, Von Ranson, Whidden, & Frampton, (2020) research show that singing songs in groups can foster feelings of worth, importance and self-confidence. Therefore, those who hear and sing songs will be able to increase their self-esteem. Garrido, du Toit, & Meade (2022) conducted a study that music media has a positive impact on listeners, so they can manage emotions well and stable. Because music directly affects the nervous system to coordinate the body's organs to work normally. Music will also relax the muscles of the body. Thus, music is able to influence the emotional state to be stable, relaxed and calm. That is why, the results of research by Hutagalung & Sinaga, (2022) also show that music is indeed able to relax and calm the listener. Of

course, the type of music that was listened to in the study was a type of classical music that was soft, and pleasing to the ear.

Meanwhile, the current research is a development research that has been done previously by Dariyo, Rahaditya and Hadiati (2020). The focus of this research is to develop the previous results to be processed creatively in order to produce song works. Furthermore, the song is implemented with the aim that teenagers are motivated to delay early marriage. Therefore, it is necessary to formulate the problem of whether the development of the media for the song "Jangan Kawin Muda" can motivate adolescents to postpone early marriage.

## **METHOD**

This research is a development project from the results of previous research. This research uses the ADDIE (Analysis, Design, Development, Implementation & Evaluation) approach (Reinbold, 2013; Murugananthan, 2015; Pribadi, in Untari, Cahyadi & Budiningtyas, 2017; Setiawan, Rakhmadi, & Raisal, 2021). Analysis. Before carrying out the creative process of creating a song, an analysis of the condition of the community's social problems is carried out. The analysis focused on the problem of early marriage by children or adolescents. The bad effects of early marriage include: an increase in the dropout rate, or even divorce. Design is designing a media song that aims to inform how important it is to postpone early marriage, and focus on being a wise person, achieving goals and becoming a scholar. From the beginning, the song was designed with a popular genre approach to music

because the target audience for the song was children and teenagers.

**Development.** The song design that has been made by the researcher, then gets an arrangement by a music expert, namely Dani MKD. Furthermore, the vocals of the songs were performed directly by the researcher and recorded through a professional music studio. Implementation is the application of music to be enjoyed by children and adolescents. The goal is to convey the message of the song so that they delay early marriage. Implementation focuses on the work of the song is applied to teenagers with their aim to delay early marriage. Prior to the implementation of the song's media work, validity and reliability tests were carried out. The validity test is carried out by obtaining a validation test from an expert in the field of music psychology. The expert gave criticism, input or important notes on the work of the media song, do not marry young. Furthermore, validation and reliability tests were also applied to adolescents to assess or evaluate the song's media work.

Evaluation is a way to find out the advantages and disadvantages of the media song "Do not marry young" based on various inputs, suggestions, or constructive criticism from experts and teenagers. Expert criteria are at least a bachelor's degree, mastering music, mastering singing skills. The criteria for adolescents are 18-22 years old, high school education, male and female. Furthermore, various inputs from experts and teenagers were used to improve the work.

## **RESULT AND DISCUSSION**

Analysis: young marriage and its impact

Law number 1 of 1974 states that the minimum age for those who want to get married is 19 years. Both men and women must have reached the age of 19, if they wish to enter into marriage. However, the reality is that there are still many children or adolescents who have not yet reached the age of 19 who are determined to carry out their marriage. This occurs in rural or urban areas (Citra & Tantoro, 2017). Often the matter of early marriage is also known by their parents. Parents seem to agree that their children marry. There are various reasons that cause early marriage, including: (a) pre-marital pregnancy, (b) matchmaking from both parents, (c) parents' economic pressure, so that parents accelerate the marriage of their children, (d) parents unable to pay for their children's education, so they immediately marry off their children (Pohan, 2017; Kohno et al, 2020).

Early marriage seems to be a hereditary tradition that is perpetuated from one generation to the next. Early marriage is considered normal, normal or normal in a certain area (Pratiwi et al, 2019). The most important thing is that they have entered puberty, meaning that they have entered adulthood, so that they are allowed to carry out their marriage. Whereas the name *akhil baliq* are those who have entered the age of adolescence which is marked by puberty. Those who are men have experienced wet dreams (wet dream), while those who are women have experienced their first menstruation (menarche). The average of those who are classified as *baliq* is between 12-15 years. This means that they are still classified as early teens (Santrock, 2001).

Early marriage brings more bad effects to teenagers, rather than

benefits them. In general, those who marry at an early age will sacrifice their teenage years (Benedicta, 2017; Hadiono, 2018). They can not enjoy the good times as a teenager who is taking formal education in junior high or high school. They have the opportunity to achieve their goals well, because they get the support of their parents to complete their education in order to create a better future. But when they decide to get married at a young age, they can't enjoy the happiness of being teenagers. They actually leave their education, and prefer to get married (Kohno et al., 2020).

They have to enter adult life, which is to build a home life. Adolescent girls must conceive, give birth to babies and raise their children. Teenage boys have to work to provide for their families. If they are still teenagers who did not have time to finish their junior high or high school education, then they do not get their graduation certificate. They have to be satisfied with the predicate drop out (DO) from school (Montazeri, et al., 2016). Therefore, if they have to work, they will work in the informal sector which requires low education such as elementary or junior high school. They also earn low wages. Therefore, it is possible that they will become poor and experience difficulties in meeting the economic needs of their families. They also find it difficult to pay for their children's education. These conditions have a negative impact on the development of children in the future (Benedicta, 2017).

**Design: Early marriage postponement**

The postponement of early marriage is a deliberate attempt by someone to delay marriage at a relatively young age. Postponement of

early marriage, basically, as the ability to manage themselves (self-control). Self-control is an important key that makes a person able to postpone early marriage. In this sense, self-control is closely related to delay of gratification (Miller, 1978; Trommsdorff, & Schmidt-Rinke, 1980). Mischell, Shoda & Rodrigues (1989) first introduced the term delay of gratification, which is a concrete effort to delay a satisfaction in one's life.

Delay of gratification is the result of self-regulation, so that an individual is still able to refrain from things that are not in accordance with the norms, values or social rules that apply in his environment (Aznar, 2022). People who have a delay of gratification are people who have an internal locus of control, namely the ability to regulate themselves, so they are not easily influenced to do bad things that degrade their dignity (Miller, 1978). An individual who has a delay of gratification is a person who realizes that each individual's life is bound by social norms, rules or values. A person is not necessarily free to do things according to his own wishes. Although a person has the freedom to act according to his instincts, there are still social norms, values or rules that guide behavior. That is why, an individual who has the ability to delay gratification is a person who is able to delay life satisfaction (Hom, & Fabes, 1985; Russell, Londhe, & Britner, 2013), so that person can adjust to the social environment of society (Trommsdorff, & Schmidt-Rinke, 1980; Funder, Block & Block, 1983; Aznar, 2022).

In the social context of society, the behavior of delaying early marriage is a reflection of the application of the concept of delay of gratification theory (Miller, 1978). Because someone

understands themselves that delaying early marriage is a decision that is well taken. A person not only has the discourse of delaying marriage, but he deliberately does not marry at a young age (children, teenagers). He realized that running a marriage, was not as simple or easy as it was said, but needed careful preparations that were carried out long in advance.

Development: song media Jangan Kawin Muda

Song media is a work of sound art that is a means of communication to convey certain messages to the public. There is a special message to be conveyed to the public through songs or songs (Aminudin, 2015). People feel they are not being tutored, or being dictated to do something, but they are entertained through a pleasant song. They can not only listen to the song, but they can also listen to the poem or sing the song. If they repeatedly listen to or sing the song, then the message content of the song will be easily stored in memory (storage) and one day the message content of the song will be easy to repeat again to be sung again (Herlitz, Nilsson, & Bäckman, 1997; Allen & Fortin, 1997). , 2013).

That is why, the song "Jangan Kawin Muda" was deliberately created as a means of education to the community so that they prevent or reduce marriage at a young age. Writing song lyrics by applying the principle of easy to remember, simple language and easy to sing. The making of the song "Do not marry young" is based on previous research activities (which state that early marriage is caused by problems with matchmaking traditions, pre-marital pregnancy, or problems of emotional maturity (Dariyo,

Rahaditya & Hadiati, 2020). The song was created and sung by Agoes Dariyo. The song was professionally arranged by Dani MKD. The song was recorded through a professionally managed music studio, Reyal Studio Jakarta.

Lyrics " Jangan Kawin Muda"

By: Agoes Dariyo, M.Si, Psi

Arrs: Dani MKD

Hai anak muda perhatikan dirimu  
Hai anak muda ingat masa depanmu  
Hai anak muda jangan kawin dulu  
Hai anak muda persiapkan dirimu

Masa remaja masa yang paling indah  
Masa remaja ukirlah prestasimu  
Masa remaja tundalah kawin muda  
Masa remaja jadilah kau sarjana

#### **Chorus:**

Jangan sampai engkau terlena, engkau kawin muda  
Akan ada bahayanya, engkau menderita  
Pikirkanlah masa depanmu, gapai cita-citamu  
Perhatikanlah hidupmu, jadilah bijaksana

#### **Implementation**

The result of the song " Jangan Kawin Muda" was implemented to 74 teenagers aged 16-23 years, with a minimum education of SMA/K, currently studying at the undergraduate level at University X in Jakarta. They have various hobbies such as music, sports, traveling and reading books (Table 1).

Characteristic		Sum	Prosentation (%)
1	Sex	Male	21.6
		Female	78.4
2	Ages	16	1.4
		17	1.4
		18	17
		19	6
		20	3
		21	2
		22	4
		23	1
3	Education	BSc Students	74
4	Hobby	Music	37.8
		Sport	10.8
		Travelling	16.2
		Book Reading	20.3

Table 1. Description of participants

Regarding the implementation activities, they were asked to watch and listen to the video for the song "Jangan Kawin Muda" which has been shown on you tube (<https://youtu.be/tevj1BgzoDI>).

Next, they were asked to fill out a google form containing 9 statement items and 5 choices (SS = Strongly Agree (SS), Agree (S), Doubtful (R), Disagree (TS) and Strongly Disagree (STS). The various answers from them can be seen in Tables 2 – 10.

	STS	TS	R	S	SS
Amount	0	2	13	24	36
Percentage	0	1.4	17.6	32.4	48.6

Table 2. The rhythm of this song's music motivates me to postpone marriage at a young age

The number of respondents who answered the item "The rhythm of this song's music motivates me to postpone marriage at a young age" with the choice of SS (36 (48.6% %), S (24/32.4

%), R (13 / 17.6% %), TS (2 / 1.4 %). When combined the choices of SS and S are 60 (80 %). This means that music rhythms can motivate respondents to postpone marriage at a young age.

	STS	TS	R	S	SS
Amount	0	1	11	26	36
Percentage	0	1.4	14.9	35.1	48.6

Table 3. The melody of this song motivates me to postpone marriage at a young age

The number of respondents who answered the item "The melody of this song motivates me to postpone marriage at a young age" with the choice of SS (36 / 48.6 %), S (26 / 35.1

%), R (11 / 14.9 %), TS (1/1.4). Most of the respondents who chose strongly agree and chose to agree as many as 62 (83.7 %), meaning that the melody of the music motivates them to delay marriage at a young age.

	STS	TS	R	S	SS
Amount	0	1	8	30	35
Percentage	0	1.4	10.8	40.5	47.3

Table 4. The style of this song motivates me to postpone marriage at a young age.

The number of respondents who answered the item "The style of this song motivates me to postpone marriage at a young age" with the choices Strongly Agree (35 / 47,3% %), Agree (30 / 40,1 %), Doubtful (8

/10,8%) , Disagree ( 1 /1.4). Most of the respondents who chose strongly agree and chose to agree as many as 65 (87, 8%). This means that the music style of the song motivates to delay marriage at a young age.

	STS	TS	R	S	SS
Amount	0	1	11	26	36
Percentage	0	1.4	14.9	35.1	48.6

Table 5. The tempo of this song's music motivates me to postpone marriage at a young age.

The number of respondents who answered the item "The tempo of this song's music motivates me to postpone marriage at a young age" with the choice of Strongly Agree (36 /48.6%), Agree as much (26 / 35.1 %), Doubtful

(11 / 14,9 %), Disagree (1 /1.4). Most of the good respondents who chose strongly agree and chose to agree as many as 62 (83.7%), meaning that the tempo of the song's music motivates to delay early marriage.

	STS	TS	R	S	SS
Amount	0	1	11	26	36
Percentage	0	1.4	14.9	35.1	48.6

Table 6. This song musical instrument motivates me to postpone marriage at a young age.

The number of respondents who answered the item "This song musical instrument motivates me to postpone marriage at a young age" with the choices Strongly Agree (36 /48.6%), Agree (26 /35.1 %), Doubtful

(11/14.9% ) , Disagree ( 1 / 1,4). Most of the good respondents who chose strongly agree and chose to agree as many as 62 (83.7 %), meaning that musical instruments motivate them to postpone early marriage.

	STS	TS	R	S	SS
Amount	0	1	20	21	33
Percentage	0	1.4	27	28.4	44.6

Table 7. Beat the music of this song motivates me to postpone marriage at a young age.

The number of respondents who answered the item "Beat the music of this song motivates me to postpone marriage at a young age" with the choices Strongly Agree (33 / 44.6% %), Agree ( 21 / 28.4% %), Doubtful

(20 / 27%), Disagree ( 1 /1.4). Most of the respondents who chose strongly agree and chose to agree as many as 54 (73%), meaning that the beat of the music motivates them to postpone early marriage.



	STS	TS	R	S	SS
Amount	0	1	3	13	58
Percentage	0	1.4	4.1	17.6	78.4

Table 8. Poems, words, sentences in the song are classified as simple and easy to understand

The number of respondents who answered the item "Poems, words, sentences in the song are classified as simple and easy to understand" with the choices Strongly Agree (58 / 78.4% %), Agree (13 / 17.1 %), Doubtful ( 3 / 4.1

%), Disagree (1 / 1.4). Most of the respondents who chose strongly agree and chose to agree as many as 71 (95%), meaning that the poetry, words or sentences of the song are quite simple and easy to understand well.

	STS	TS	R	S	SS
Amount	0	9	6	14	54
Percentage	0	12.2	8.1	18.9	73

Table 9. This song motivates me to act wisely by delaying marriage at a young age.

The number of respondents who answered the item "This song motivates me to act wisely by delaying marriage at a young age" with a choice of Strongly Agree (54 / 73 %), Agree (14 / 18.9 %), Doubtful ( 6 / 8.1% ), Disagree (9 / 12. 2%). Most of the

good respondents who chose strongly agree and 68 (91.9 %), chose to agree, meaning that the song Don't Get Married Young motivates them to be wise by delaying marriage at a young age.

	STS	TS	R	S	SS
Amount	0	9	27	21	17
Percentage	0	12.2	36.5	28.4	23

Table 10. Video Display

The number of respondents who answered the item "Video Display" with a choice of Strongly Agree as many as 17 (23%), Agree as many as 21 (28.4%), Doubtful as many as 27 (36.5%), Disagree as much as 9 (12, 2

%). Most of the good respondents who chose strongly agree and chose to agree as many as 38 (51.4 %), meaning that the video display is still not good, so it needs improvement in the future.

**Evaluation**

Various inputs, criticisms and constructive suggestions have been obtained through a music expert and 74 teenagers. In general, the media song "Do not marry young" is a song that has fulfilled the beat, rhythm, melody, style and musical instrument classified as good. Genre of songs by using popular genres. The

poems, lyrics, words or sentences used in the song are in simple language, easy to understand, and to remember. So that the song is easy for them to memorize and sing. However, the appearance of the video for the song is still far from expectations. The display of the video still needs to be improved. Preferably, the video display using a song video clip is a video that has a

storyline, meaning and is able to communicate the contents of the song to the listener.

In general, the media for the song do not marry young has met the ADDIE criteria (Analysis, Design, Development, Implementation, and Evaluation). The making of the song don't marry young begins with scientific research activities that have been carried out by Dariyo, Rahaditya & Hadiati (2020). The results of the study became the basis for designing and developing a media song with the title "Do not marry young". Furthermore, the song was implemented to the teenagers and they realized that the song motivated them to postpone early marriage. This means that the song is considered effective in informing about the dangers (bad effects) of carrying out early marriage in the future. Indeed, the information on the bad effects is not described in detail, but the intent and purpose of the song can be understood well by them. The results of this study are in line with the research of Murugananthan (2015) that audio-video works or textual information are able to present information that is easy to understand and have a direct impact on the listeners or viewers of the work. Furthermore, those who have heard and paid attention to the song, they are motivated to postpone early marriage.

Marriage is a human right for everyone and there is no prohibition for every individual to marry. Each individual has a developmental task to carry out reproductive functions in order to continue their offspring in the future (Manning, 2002). It is preferable to marry someone who has reached a certain age (19 years) according to the provisions of Law No. 1 of 1974

concerning marriage. By getting married, one can prevent adultery which is clearly prohibited in Indonesia (Djubaedah, 2019). On the other hand, it turns out that there are still many cases of early marriage carried out by children or adolescents and are one of the contributors to divorce in Indonesia (Wardani, Handayani, & Tsia, 2018). This happens because of the lack of information about the dangers of early marriage among children or adolescents. Thus, how important is social media that contains information, invitations or appeals to prevent, delay or avoid early marriage for children or adolescents (Dariyo et al, 2020).

The development of the song media, don't marry young is the answer to this need. Moreover, the development of the song don't marry young is a continuation of the results of research activities conducted by Dariyo, Rahaditya & Hadiati (2020) which showed that early marriage was caused by various factors, namely pre-marital pregnancy, parental matchmaking. One of the bad effects of early marriage is divorce because they are still emotionally immature, so they are unable to control their emotions. Even in a state of anger, confusion, restlessness or confusion of mind, sometimes they decide things without deep consideration. For example, they think that divorce is considered as the easiest solution to end the conflict between husband and wife in the family. That is why divorce cases occur in young couples who have married at an early age (Wardani, et al 2018).

Various adverse effects due to early marriage, should receive serious attention from scientists, including psychological scientists. The goal is the concern of psychological scientists to overcome the problem of early marriage and prevent divorce between them. One way that a psychological scientist can do is how to disseminate appeals, invitations or ideas to prevent early marriage. This does not mean that those who have already married at an early age are prohibited from continuing their marriage. They are only advised to keep and maintain family harmony. They'd better avoid divorce. Because divorce will only torment the ex-husband and wife, as well as torment their children (Benedikta, 2017; Wardani et al., 2018).

One concrete effort to prevent early marriage is to develop research results through artistic creativity (Andrew et al., 2022). The results of the research as a basic idea developed through creative activities, namely processing ideas and the results are in the form of song lyrics (Van Broekhoven, Belfi, Borghans, & Seegers, 2022). Creativity is a practical step for divergent thinking by utilizing imagination in such a way that it creates sung poetry (Michinov & Michinov, 2022). The song was made specifically with the aim of inviting teenagers to avoid early marriage. The lyrics of the song use language that is easy for anyone to understand and memorize. The development of song media as part of activities that are closely related to music. Music has become an important part of human life (Wan & Schlaug, 2010; Fuadi, Sudira & Astuti, 2021; Andrew et al., 2022; Husna, & Rinjani, 2022)). Various religions such as Christianity and Islam use music to support

worship activities to God, the Creator of the Universe (Mazokopakis, 2020). Then the use of music is intended for the healing process, recovery, psychological therapy or learning media in education (Raglio, et al., 2015; Hutagalung & Siregar, 2022; Garrido, du Toit, & Meade, 2022). The media for the song "Do not marry young" is a medium to communicate special messages to listeners of the song, or people who sing the song so as not to marry at a young age. If someone listens to or sings a song, then the song's lyrics provide encouragement, an invitation or an appeal to do something in accordance with the intent of the song's lyrics (Boyd, von Ranson, Whidden, & Frampton, 2020).

## CONCLUSION

The media song "Jangan Kawin Muda" is a media song that aims to prevent or delay early marriage among teenagers. The song has gone through the process of analysis, design, development, implementation and evaluation (ADDIE – analysis, design, development, implementation, evaluation). In general, the song has fulfilled the musical elements such as rhythm, melody, style, beat, and tempo quite well. Likewise, the poems, lyrics, words, and sentences of songs are relatively simple, easy to understand and memorize by listeners/audiences. On the other hand, the appearance of the song video still needs improvement, for example a thematic video clip is made, so that it is more attractive to the audience of the video. But in general, the song “ Jangan Kawin Muda” can motivate teenagers to postpone marriage, or prevent early marriage.

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