

# Dubai Derma®

Skin Health is our Concern

22<sup>nd</sup> Dubai World Dermatology and  
Laser Conference & Exhibition

**Shaping the Future of  
Dermatology & Aesthetics**

**1 – 3 March 2023**  
Dubai World Trade Centre, UAE

**CONFERENCE PROGRAM**

Supported by



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**His Highness Sheikh Mohamed bin Zayed Al Nahyan**  
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**His Highness Sheikh Mohammed bin Rashid Al Maktoum**

Vice President and Prime Minister of the UAE and Ruler of Dubai

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## Message from the Conference Chairman

**Ibrahim Galadari MD, FRCP**

Professor of Dermatology  
Chairman, Dubai Derma Conference

As the conference chairman of Dubai Derma, I would like to extend a warm welcome to you all to Dubai on the occasion of the 22<sup>nd</sup> Dubai World Dermatology & Laser Conference & Exhibition to be held on March 1 – 3, 2023 at the Dubai World Trade Centre (DWTC).

Dubai is a world-renowned centre of business and commerce, a vibrant city in the United Arab Emirates, a member of the GCC states and the gateway to the Middle East, North Africa and South Asia market with close proximity to Europe and the Far East. Being international and cosmopolitan, the city offers an infinite variety of things to see and do in a unique fusion of Middle Eastern and Western heritage and culture.

Dubai has always been keeping up with advancing technologies in the dermatology practice in order to meet the constantly evolving needs and demands of the community.

Dubai Derma is organized by several scientific bodies, mainly Arab Academy of Dermatology and Aesthetics (AADA), in cooperation with the GCC League of Dermatology and Pan-Arab League. AADA is proud to be an active member in the International League of Dermatology Society (ILDS). Therefore, our scientific program is accredited by all these mentioned scientific bodies.

Dubai Derma will bring together eminent speakers from the region and around the globe covering a wide spectrum of themes affecting the world of dermatology. The Dubai Derma scientific program features a four-day pre-conference course, conference program, workshops and live demonstrations exemplifying novel cosmetic and dermatological procedures.

Dubai Derma provides all dermatology colleagues worldwide with a vibrant platform to update their knowledge, explore new advances in the dermatological and technological field, and foster closer ties.

Dubai aims to compete globally in the events and entertainment industry by becoming one of the strongest Middle Eastern hubs for mega events and festivities – this is showcased with its pioneer for a mega event in this region.

I look forward to welcoming you all in the next edition of Dubai Derma!



## Message from the Executive Chairman

### **His Excellency Amb. Dr. Abdulsalam Al Madani**

Executive Chairman, Dubai Derma,  
Chairman of INDEX Holding

Welcome everyone to the 22<sup>nd</sup> edition of the annual Dubai World Dermatology and Laser Conference and Exhibition – Dubai Derma 2023! We are truly excited to commence the largest event in the Middle East, North Africa, and Indian Subcontinent region which is purely dedicated to providing the latest scientific information and innovations in the field of dermatology, skincare, and lasers.

This year's edition is set to feature insights on this ever-expanding industry where 480 exhibitors will showcase and promote more than 1,440 international dermatology brands and laser technologies. The future of the profession will continue to grow as scientific research expands and progressive intelligence from experts around the world are invested in healing and curing skin health.

Dubai Derma 2023 is set to be the largest to date and will include the finest speakers, specialists, industry experts, and skincare physicians on a unified platform to deliver the latest educational resources and advancements in medical technology and treatment for skincare. The conference halls will include a series of discussions through a variety of courses, workshops, and lectures on major topics to better serve the needs of our patients.

Under the theme, 'Shaping the Future of Dermatology and Aesthetics,' we will cover many topics that include medical, therapeutic, pediatric, surgical and cosmetic dermatology. We will also view clinical case presentations in order to gain an in-depth knowledge of the various procedures and diagnosis we encounter today. Additionally, we urge you to take advantage of the pre-conference courses, including the AADA Fellowship Course Program, which will sharpen your skills and enhance your techniques.

Thank you to our many partners, dermatology associations, sponsors, exhibitors, and the prominent health authorities who continue providing their support to make this conference a success.

We wish you a memorable experience at Dubai Derma and we look forward to seeing you all there!

**H.E. Amb. Dr. Abdulsalam Al Madani**

**Executive Chairman of Dubai Derma and Chairman of INDEX Holding**



## Speech from the AADA President

**Abdul Wahab Al Fouzan MD**

President of Arab Academy of Dermatology & Aesthetics

**Dr. Ibrahim Galadari, President/Head of the GCC Dermatologists' Association, Chairman of Dubai Derma Conference**

**Dear Esteemed guests,**

Ladies and Gentlemen,

We've gathered here to take part in the 22<sup>nd</sup> Dubai World Dermatology and Laser Conference and Exhibition (Dubai Derma 2023), but first, I would like to thank H.E. Awadh Seghayer Al Ketbi, Director General of the Dubai Health Authority (DHA), for his support of this event, his interest in human health, and his encouragement of doctors, researchers, and scientists working in the medical and health sciences, as well as his actual contribution to the advancement and rapid development of health services.

Every year, this medical conference on dermatology, skin surgery, and laser skin treatment attracts a large number of doctors, consulting physicians, and specialists from the GCC and Arab Countries as well as from America, Europe, Asia, and Australia

The fact that there are three lecture halls available here is significant because it allows all doctors, including trainees and specialists, to attend and learn from the various insightful lectures. In addition, workshops and training courses held prior to the conference offer concentrated training in a number of dermatology disciplines, such as skin pathology, dermatology, surgery, and laser skin treatment.

The conference's scientific program includes a number of papers and medical research, particularly in the fields of skin surgery, treatment of psoriasis, acne, Bullous pemphigoid, treatment of aging symptoms, cancerous skin tumors, and skin allergies, in addition to the treatment of pigmentation, hair loss, alopecia, hereditary skin diseases, and contagious skin diseases.

The conference activities also include a large number of workshops on laser uses and methods of dealing with changes that occur in the skin as a result of aging. The training courses include specialized topics related to skin sensitivity, acne, and pigmentation, as well as hair loss, genetic diseases, histology, skin surgeries, and psoriasis. There is no doubt that the workshops and training courses are of great benefit, both scientifically and practically, for the participating doctors.

The leadership of the UAE focuses on developing the healthcare sector and enhancing healthcare services, as the country keeps hosting and organizing different international conferences and periodic seminars, this helped in reinforcing Dubai's position as a leading healthcare destination. And I believe that all Arab countries should be proud of what is taking place today at Dubai Derma 2023.

Despite the ease of transmitting medical and therapeutic information through modern electronic means, these medical conferences are very important and have a significant impact on professionals meeting closely and exchanging diverse points of view on all new updates in the field.

Without a doubt, this conference is very beneficial to all newly graduated doctors, postgraduate doctors, specialists, and consultants because it offers training and educational programs that help them in their scientific and practical lives, prepare them for periodic exams, and allow them to earn CME credits.

In my name and on behalf of the Arab Academy of Dermatology and Aesthetics, I cordially welcome you to Dubai Derma 2023. The Academy collaborates and participates in a number of scientific events, such as the Dubai Derma and Sharm Derma. Additionally, its scientific endeavors expanded to planning and conducting training sessions in a number of Arab countries. We are pleased to announce that the Arab Academy of Dermatology and Aesthetics currently holds four seats in the illustrious International League of Dermatological Societies.

Finally, let me extend my congratulations to the Dubai Derma Conference's chairman, Dr. Ibrahim Galadari, and the organizing team for their superb work in setting up this event and its scientific program.

I also cannot fail to congratulate His Excellency Amb. Dr. Abdul Salam Al Madani, Executive Chairman, Dubai Derma, Chairman of INDEX Holding, and his team for this wonderful arrangement and great effort, as well as Dr. Hassan Galadari, Head of Scientific Committee, Dubai Derma who is the unsung hero behind many of the conference's scientific and practical activities.

Wishing you all a rewarding experience.

**Thank you,**





## Message from the Secretary General

### **Riad Mashal MD**

Secretary General of PAN Arab League of Dermatological Societies

I would Like to congratulate my brother prof. Ibrahim Galadari, The Founder and Chairman of Dubai Derma – Dubai world Dermatology and Laser Conference and Exhibition, for his efforts to organize the Leading Dermatology and Laser Event in the Middle East, Africa, The Indian Subcontinent and beyond.

Dubai Derma is being held annually in Cooperation with Arab Academy of Dermatology and Aesthetics (AADA) , PAN Arab League and GCC league of Dermatologists. An exceptional Platform that provides the latest Scientific Information and Innovations in the field of Dermatology, Skin Care and Laser.

The 22<sup>nd</sup> edition of Dubai Derma will bring together more than 300 eminent speakers from the region and around the globe. Under the events theme (Shaping the Future of Dermatology and Aesthetics) the Conference will cover many topics including new Therapeutics, Pediatric, Surgical, Cosmetic Dermatology and new advances in technological filed.

Dubai Derma is one of biggest Conferences in dermatology not only in the Middle East , but across the Globe , more than 500 Companies from 115 countries exhibit their products in the biggest exhibition in the world , the event will also host Pre-Conference teaching course in Dermatology and Cosmetology .

Dubai Derma is the Perfect venue for leading and Exchange of Knowledge among Dermatologist in the Gulf , Arab Countries and World Wide , about the new future Scientific Developments in Dermatology.

It is our honor is the 22<sup>nd</sup> Edition of Dubai Derma Host many Sessions organized by sister Societies as Pakistan Association of Dermatologists (PAD), Sharm Derma Session , Indian Association of Dermatologists – Venereologists and Leprologists ( IADVL ) , Sri Lanka Collage of Dermatologists (SLCD) WCD Session , Rafidian Session.

I Look Forward to meet you all In Dubai , and wish you a very pleasant stay and memorable meeting.

**Riad Mashal, M.D.**

**Secretary General of PAN Arab League of Dermatology Societies**

# Scientific Committee



**Ibrahim Galadari MD, FRCP**  
Conference Chairman



**Hassan Galadari, MD**  
Head of Scientific Committee, Dubai Derma

## MEMBERS



**Abdul Wahab Al Fouzan, MD**



**Ahmed Al Dhaheer, MD**



**Ahmed Al Gahtani, MD**



**Ali Singel, MD**

**Dubai Derma**  
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**Andre Mattos, MD**



**Ayman AlNaem, MD**



**Dhaifallah Alghowairi, MD**



**Fahad Al Ajmi, MD**



**Fatima Al Shamsi, MD**



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**Khalil Al Arrayed, MD**



**Khalid Al Awadi, MD**



**Mark G. Lebwohl, MD**



**Michael H. Gold, MD**



**Mohamed El Azab, MD**



**Minal Patwardhan, MD**



**Nawaf Al-Mutairi, MD**



**Qassim Ahii, MD**

## MEMBERS



Riad Mashal, MD



Sahar Ghannam,  
MD



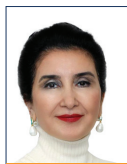
Salah Al Rubaie,  
MD



Sameer Al Ali, MD



Shaden Abdelhadi,  
MD



Simin Ahari, MD



Yusra Al Ali, MD



Zbigniew  
Ruszczak, MD

# Organising Committee



**H.E. Amb. Dr. Abdulsalam Al Madani**  
Executive Chairman, Dubai Derma,  
Chairman of INDEX Holding



**Eng. Anas Al Madani**  
Vice Chairman & Group CEO  
INDEX Holding



**Dr. Matios Tcholakian**  
Senior Business Development Manager  
INDEX Conferences & Exhibitions



**Andrea Barretto**  
Senior Project Manager – Head of Cluster  
INDEX Conferences & Exhibitions  
(a member of INDEX Holding)



**Vaneza Liaguno**  
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INDEX Conferences & Exhibitions  
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**Bhagya Wijethunga**  
Event Coordinator  
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**Raksha Lal**  
Event Coordinator  
INDEX Conferences & Exhibitions  
(a member of INDEX Holding)



**Bhumika Bhide**  
Business Development Manager  
INDEX Conferences & Exhibitions  
(a member of INDEX Holding)

# Accreditation

22<sup>nd</sup> Edition of Dubai World Dermatology and Laser Conference  
Dubai Derma 2023

has been awarded by the following CME Accreditation



Faculty of Medicine and Health Sciences  
United Arab Emirates University

Accreditation Number: **221205**

Total CME Credit Hours: **18**

**(Based on Attendance)**

# Poster Presenters

Morbidity and Mortality of TEN, SJS and TEN/SJS Among Sudanese Patients

**Sami Fatehi Billal MD**

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The Rare Histopathological Variation of Desmoplastic Trichilemmoma on the Upper Eye

**Rusdin Isnain Makbul MD**

---

Ablative Fractional Carbon Dioxide Laser Combined with Autologous Platelet-Rich Plasma in the Treatment of Atrophic Acne Scars: A Systematic Review and Meta-Analysis

**Yara Aljefri MD**

---

Dermoscopy of Cutaneous Metastatic Breast Cancer

**Choon Chiat Oh MD**

---

Primary Cutaneous Follicle Center Lymphoma

**Alzaharaa Alriyami MD**

---

Successful treatment of Nevus of Ota: A case series

**Sania Javaid MD**

---

Analysis of Aesthetic Concerns Identified by Video Conferencing

**Mansour Almutairi MD**

---

Ulcerated Skin Lesion as a Primary Presentation of Multidrug-Resistant Tuberculosis in a 34-Years-Old Female: A Case Report

**Asmaa Haj Husin**

---

Cutaneous Antrax: A Rare Skin Infection

**Amelia Rosa MD**

---

Comparative Study of 15%tca Peel Vs Microneedling in Patients of Acne Scar

**Poorva Sharda MD**

---

Impact of MC4R, DRD2 and DRD3 gene polymorphisms in genetic susceptibility of vitiligo in a Southeastern European Caucasian population

**Maria Sifaki MD**

---

Eruptive Syringoma

**Aliya Al-Saadi MD**

---

Injectable Hyaluronic Acid in Melasma

**Madiha Rao MD**

---

The Heart Face Filler for Facial Aesthetics and Facial Rejuvenation

**JAE HOON JEONG MD**

---

An Exceptional Reticular Pigmented Geno Dermatitis

**Youcef Lebel MD**

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# Poster Presenters

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Cyclosporine a-induced Hair Repigmentation in a Patient with Dermatitis

**Balaqis Alsaadi MD**

---

Acne Self-medication Among Pre-clinical and Clinical Years Medical Students

**Rakan Alajmi MD**

---

Erythema Nodosum Leprosum Necroticans: An Unusual Manifestation of Type 2 Leprosy Reaction

**Farah Eryanda MD**

---

Embolia Cutis Medicamentosa: Iatrogenic cutaneous necrosis

**Shruthi Suresh MD**

---

Propranolol for the Treatment of Hemangiomas in Infancy

**Ahmed Al Hinai MD**

---

Bullous Pemphigoid Patients and Associated Malignancies: Retrospective Study; Riyadh – Saudi Arabia

**Alanoud Alsuhibani MD**

---

Case Report of Facial Eccrine Angiomatous Hamartoma in Fifty-two Years Old Lady

**Shaymaa Ahmed MD**

---

Validating the 'Gabrin Sign' for Covid-19 Disease Severity in Patients With Androgenic Alopecia- an Observational Study

**Alpana Mohta MD**

---

A Cross-Sectional Study of the Awareness, Knowledge and Behavior of Hair Dye Use in Omani Population Attending Sultan Qaboos University Hospital in Muscat, Sultanate of Oman

**Ali Al.Jafari MD**

---

Cutaneous Fungal Lesions in Pediatric Hematologic Malignancies: a Case Series

**Sathish Pai MD**

---

Subcutaneous Panniculitis-Like T-Cell lymphoma: A Case Series

**Kanthilatha Pai MD**

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**Rare and Uncommon Erythroderma Clinical Appearance of Polymorphic Light Eruption (PLE) in Elderly Asian Male live in Tropical Sea Level Region**

**Heru Nugraha MD**

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Chromoblastomycosis the Role of Surgery Case Study

**Abdulaziz Younis Al-harrasi MD**

---

The Immunohistochemical Expression of Wnt Signaling Pathway Molecules and Vitamin D Receptor in Psoriasis

**Amina Ismaeel MD**

---

# Poster Presenters

Chin and Nasolabial folds Augmentation with Dermal Filler : Five Case Reports

**Mungky Sukarnadi MD**

---

Once-Daily Crisaborole as a Long-Term Maintenance Treatment in Patients With Mild-to-Moderate Atopic Dermatitis: A 52-Week Clinical Trial

**Ashraf Reda MD**

---

CAG Polymorphism Of The Androgen Receptor Gene As The Predictor For Acne Among Kazakh Population

**Dinara Azanbayeva MD**

---

Type 1 Leprosy Reaction Mimicking Cellulitis Of The Face

**Ayesha Nabil Al Shawab MD**

---

Flesh Colored Bumps

**Sheikha Turki Al Ketbi MD**

---

Familial Spotted Skin: A Case Series

**Shamma Khamis Al Mheiri MD**

---

Reticulate Rash in Tuberculosis Patient

**Danya Abdulhameed Al Awadhi MD**

---

Off-Label Use Of Jak Inhibitors In The Treatment Of Lichenoid Drug Reaction.

**Ali Mohammed Turki AlDoori MD**

---

Purpura and Hearing Loss: Common Presentations of an Unusual Disease

**Alreem Ali Al Hosani MD**

---

Harlequin Ichthyosis, a Fatal Case Report

**Fatemeh Abdulghaffar MD**

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# Rare and Uncommon Erythroderma Clinical Appearance of Polymorphic Light Eruption (PLE) in Elderly Asian Male live in Tropical Sea Level Region



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\* Dermatovenereologist at Sumber Waras Hospital, Jakarta, Indonesia

\*\* Department of Pathology Anatomy, Faculty of Medicine,  
Tarumanagara University, Jakarta, Indonesia



UNTAR  
Universitas Tarumanagara

## Introduction:

Erythroderma is a severe and potentially life-threatening dermatitis described as an intense and widespread erythema typically involving greater than 90% of the body surface area. It can arise at any age and in people of all races. It is about 3 times more common in males than in females. Most have a pre-existing skin disease or a systemic condition known to be associated with erythroderma.

Polymorphic light eruption (PLE) is seasonal, acquired, idiopathic photodermatosis, especially among young women with light skin colour (Fitzpatrick type 1) and rarely affect face area. PLE more common at higher altitudes compared to sea level regions.<sup>2</sup>

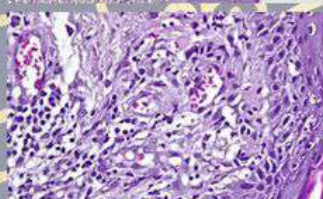
PLE is characterized by an intermittent eruption of non-scarring pruritic erythematous papules, vesicles, or plaques on the patient's skin within hours of being exposed to ultraviolet radiation. The disease is caused by a combination of genetic susceptibility and environmental factors.<sup>3</sup> The immunological mechanisms involved in PLE, with mediators from the innate and adaptive immune systems and immune over-activation that escapes functional UV-induced tolerance, are most likely responsible for the pathogenesis of PLE.<sup>3</sup>



keratinocyte apoptosis  
edema

lymphocytic periadnexal  
and perivascular  
infiltrate in superficial  
dermal

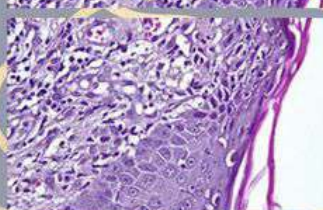
100x



Spongiosis

Basal cell vacuolization  
perivascular infiltrate

400x



keratinocyte apoptosis

Spongiosis

Basal cell vacuolization

400x

## Case:

We present PLE in 54-year-old adult male patient who live in Jakarta, Indonesia (tropical and sea level altitude) for whole life. Patient with Fitzpatrick skin type 3-4 got the skin rash with acutely itching one month before going to hospital. Physical finding includes erythematous papules, plaques, scales, and some fissure all over the body but more intense in area exposed to direct sunlight such as face, neck, chest, arms and legs.

Histological examination showed keratinocytes apoptotic,<sup>3</sup> spongiosis, basal cells vacuolization, edema, lymphocytic periadnexal and perivascular infiltrate in superficial dermal.<sup>4</sup> The finding compatible with polymorphous light eruption. Treatment with combination oral corticosteroid methylprednisolone 32 mg once a day, anti histamine loratadine 10 mg once a day, and topical clobetasol propionate 0,05 %, daily moisturizer and sun screen show improvement within one months.



## Discussion:

The cause of polymorphic light eruption is unknown. It is postulated that there is a delayed hypersensitivity reaction to an endogenous antigen expressed after exposure to sunlight or artificial sources of ultraviolet (UV). In this case, first clinical appearance showed erythroderma, but we found the erythema more intense at exposed area. A skin biopsy was used to aid in this case diagnosis. After we did skin biopsy, the histological findings compatible with PLE. This case has been reported in order to emphasize the rarity of PLE with erythroderma in elderly male patient in tropical and sea level region and also the difficulties to treat properly and deal with sun exposure to avoid the relapse. In this case we did some oral and topical medication to resolve and improve the appearance of PLE. However, management requires determining what provokes the eruption.

## Conclusion:

PLE with erythroderma clinical appearance in elderly Asian male patient in tropical area is rare case. If dermatologist found the case, we need to aware and give the best medication to avoid more complication because of high and all year sun exposure in this region. And also more research is needed to develop novel therapeutic and/or preventive strategies.

## Reference

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3. Lembo A, Raimondo A. Polymorphic Light Eruption: What's New in Pathogenesis and Management. Frontiers in Medicine. 2018;5: 1-6
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